

# Swedish Early Years Study Visit and Training: Skogsmulle



*Please join us for a truly unique opportunity to train as a Skogsmulle Leader, the Swedish Early Years Pedagogy, and observe actual practice at Mulleborg, Sweden's first “Rain or Shine” outdoor nature nursery*

- **Child Centered Learning**
- **Learning Rich Environments**
- **Experiential Learning**

*I can't believe I have the opportunity to be at the forefront of a new development in the UK*



Further information &  
Booking details below


**3-7 June 2016**  
**Stockholm & Lidingo, Sweden**

**Skogsmulle** is the internationally renowned Swedish Early Years pedagogy which is practiced in Scandinavia, Japan, Canada, Latvia, Holland and Germany. Countries which have consistently rated highly in PISA ranking and the UN Child Happiness Index\*1

With over 1.5 million Swedish children having attended Skogsmulle, this nature based pedagogic teaching is built on experiencing through senses, and uses nature and children's innate thirst for fantasy and play to develop learning and physical development.

Visit our website [www.igniteup.co.uk/skogsmulle](http://www.igniteup.co.uk/skogsmulle) or [www.mulleborg.se](http://www.mulleborg.se) for more exciting information about Skogsmulle.

Day	Information
3rd & 4th June 2016	Arrive and take the opportunity to experience Stockholm's beautiful culture and sights as you prepare for Skogsmulle Training by getting to know your colleagues on the visit.
5th & 6th June 2016	2 days of practical training to become a Skogsmulle Leader; understanding the Swedish Early Years pedagogy and introductory activities
7th June 2016	A half-day study visit to Mulleborg to observe Skogsmulle practice in Sweden's first "Rain or Shine" outdoor nature nursery. Depart afternoon or evening.



*"Outdoor activities reduce the levels of the stress hormone cortisol among children at the age of six in primary schools. High cortisol levels indicate stress, and stress has a documented bad influence on the memory capacity. Outdoor activities give better learning in a pure logical sense."*

**Anders Szczepanski, Head of a unit in the Centre of environment and outdoor peda-gogic at Linköpings University.**

\*1 (<http://www.oecd.org/pisa/keyfindings/pisa-2012-results.htm>)



## What is involved?

A 2 day course to become one of the first practising Skogsmulle Leader's in the UK licensed to deliver nature & outdoor learning sessions based on the International renowned Swedish Early Years model.

You will learn about the growth of Skogsmulle in Sweden from the 1950's to its practice throughout Scandinavian, Europe and Japan today.

Participants will be able to use all course materials in their own practice and will gain their Skogsmulle Leader Certificate to practice in the UK.

International expertise is guaranteed from our 3 Course Leaders from Sweden

- Magnus and Siw Linde – founders of first Rain or Shine pre-school in Sweden (Mulleborg).
- Kajsa Källström: principal and practitioner at Mulleborg.

On the final day of the visit, you will observe practice in action at Mulleborg, a leading Swedish pre-school, experiencing first hand how children from the ages of 3-7 are educated outdoors within nature pedagogy.

## What you gain:

- Unique training and observation of practice in action
- Become a licensed Skogsmulle Leader
- Free 2 year membership of Skogsmulle UK
- Invite to working party groups developing Skogsmulle UK
- Early invite to 1 year celebration of Skogsmulle UK, *Scandinavian Pedagogies: A Journey of International Excellence*

## Who is this for?

Skogsmulle practice in Sweden is aimed directly at 5-7 years old in their pre-school system, and accompanying Leader Manual will reference that age group. Skogsmulle has accompanying methodologies which are developmentally appropriate to 2 and 3-4 year olds; however the Nature Pedagogy principles will apply to Nursery and Reception age children.

If you are in charge or practicing within an Early Years setting (maintained or non-maintained) this is an essential visit to assist in creating an outstanding **child-centred, learning rich** and experiential environment for your children.



## Costs?

Book by 31st January = £550 / Book from 1st February - 1st May =£600

## What is included:

- Accommodation from 3rd - 6th June 2016 (Shared occupancy x 2) @ Hotel Dialog, Lindigo, Stockholm.
- Breakfast and lunch each day and supper on arrival evening
- Bus and metro card for travel around Stockholm (unlimited)
- A city excursion on sightseeing day (4th June 2016)

**\*Travel, transfers and evening meals are arranged separately by participants.**

## Notes:

We aim to host group activities on the sightseeing day and evening meals together; however this is 'free-time' for participants to enjoy as they wish.

You should aim to travel and arrive at the hotel by 6.00pm on the 3rd June 2016 to book in and have supper should you wish to join us

You should aim to travel/depart from 2.00pm onwards on 7th June 2016, should you wish to have lunch

## Booking:

**There are only 18 spaces available.**

**Please contact us on the contact details below to request an electronic booking form to secure your place on the course; or visit [www.igniteup.co.uk/events/](http://www.igniteup.co.uk/events/) to book directly.**

